

Terry Hunt, an international speaker, will be in Oklahoma City on Tuesday and Wednesday, April 17th and 18th, at the Will Rogers Exhibition Center, Room One, at 3400 NW 36th Street. On Tuesday there will be a lecture on the Bardo (the transitional state between earthly existences) at 6:30 p.m., with a musical prelude from 6:00-6:30 p.m.

On Wednesday the lecture will be about Raja Yoga, about the Soul/Higher Self, mind and emotions, and using visualization and meditation techniques to create a better life. There will be a morning session from 10:00 a.m. to 12:00 p.m., and an afternoon session from 2:00 p.m. to 4:00 p.m. In the evening there will be the open meeting of the Theosophical Society in Oklahoma City. To register send an email to tsinokc@gmail.com or call (405) 412-1971. Donations are accepted but not required.

About Raja Yoga, the yoga of the mind:

How can we create a reliable contact with our Higher Self? How can we control our mind and emotions? Using visualization and meditation we can attain the goals of Raja Yoga by addressing the following:

- What is the nature of the soul, the Higher Self?
- Using practical techniques of creative visualization
- Developing your own spiritual practice
- Understanding the nature of emotions
- Buddhi manas vs. kama manas
- Techniques for individual and group meditations
- Control of thoughts and emotions
- Creating positive thought patterns in your life

Terry Hunt was born in northern Arizona, growing up on a dairy farm. When he was 18, he dedicated two years to service as a missionary for the Mormon Church in France and Switzerland. On his return, he spent several years at a university, studying the sciences: chemistry, physics, and biology with two years studying medicine. He then realized he wanted to learn the key to self-transformation.

He has studied theosophical works since 1975, with emphasis on the philosophy of Raja Yoga. He has lived and worked at the headquarters of the Theosophical Society in America in Wheaton, Illinois.

Terry has taught classes in theosophy and methods of self-transformation since 1978. He has lectured in the United States, the Caribbean, Central and South America. The theosophical book which has influenced him the most is The Mahatma Letters to A. P. Sinnett.

The Theosophical Society in America was founded on November 17th, 1875 in New York City by HP Blavatsky, Henry S. Olcott and William Q. Judge. It is an international organization with lodges and study centers throughout the world, with the headquarters at Channai, India. It is a study of comparative religion, philosophy, science and the arts. Theosophy is a universal brotherhood with no discrimination against any race, religion, caste or creed. The headquarters of the Theosophical Society in America is located in Wheaton, Illinois.

For a schedule of activities please see: <http://www.meetup.com/Theosophical-Society-Oklahoma-City/>