

## Shamanism

Andrews, Ted, *Animal-speak: the Spiritual & Magical Powers of Creatures Great & Small*, 1993, 383 pages.

Andrews uses his considerable intuitive knowledge of the human-animal spiritual connection to provide short essays on the symbolic messages of path and healing that animals offer to humanity.

**591.5 And AS**

Dobkin de Rios, Marlene, *The Psychedelic Journey of Marlene Dobkin de Rios: 45 years with Shamans, Ayahuasqueros, and Ethnobotanists*, 2009, 190 pages.

Dobkin, an accomplished scholar, therapist, and ethnobotanist, discusses her life and work in Peru and the Amazon. The author summarizes her studies in altered states of consciousness and expresses her views on the detrimental effects of drug tourism on contemporary shamanic traditions in the Amazon.

**154.4 DOB PJ**

Eliade, Mircea, *Shamanism: Archaic Techniques of Ecstasy*, 1974, 610 pages.

The classic and comprehensive book for the modern era, Eliade examines shamanism as an ancient, primitive, and profound religious tradition, elaborating on its cross-cultural aspects.

**080 BS V.76**

Harner, Michael J., *The Way of the Shaman*, 1990, 171 pages.

Harner's seminal book introduces core cross-cultural components of shamanism to a general audience and provides practices for developing the shamanic powers of journeying and healing.

**615.852 HAR WS**

Harris, Pete, *Strange Brew: Shamanism in Peru*, 2009, CD, (67 min.)

After returning to the U.S. from a workshop with shamans from Columbia and Peru, the speaker shares his sociological reflections on hallucinogens, psychedelics, and entheogens in Western Culture and in shamanism.

**CDA 0471**

Ingerman, Sandra, *The Soul Retrieval Journey: Seeing in the Dark*, 1997, CD, (3 hrs. 15 min.)

Ingerman discusses her experiences of therapeutic work through journeying, soul retrieval, and healing, illustrating how a contemporary shaman works with her clients.

**CDA 0092-2**

Kalweit, Holger, *Dreamtime & Inner Space: the World of the Shaman*, 1988, 297 pages.

This is the best study of native shamanism since Eliade's classic and is a must read for serious students of shamanism. Holger's telling of cross-cultural and traditional paths and techniques of shamans is both fascinating and enlightening.

**291.62 KAL DIS**

Moss, Nan, *Weather Shamanism: Harmonizing our Connection with the Elements*, 2008, 258 pages.

Hank Wesselman summarizes, “Nan Moss and David Corbin are master shamanic teachers who reveal what becomes possible when we intentionally align ourselves with the ancient forces of nature to alleviate suffering and help restore order when chaos moves in.”

**291.212 MOS WS**

Pinkson, Tom S. *The Shaman Wisdom of the Huichol: Medicine Teachings for Modern Times*, 2010, 282 pages.

An autobiographical account of a psychologist’s decade long immersion in the culture and shamanic traditions of the Huichol Indians, and how these tribes, residing in Mexico, have taught him the importance of healing on both personal and planetary levels.

**299.7 Pin SWH**

Walsh, Roger, *The World of Shamanism: New Views of an Ancient Tradition*, 2007, 325 pages.

Walsh looks at shamanism through the lens of transpersonal psychology, understanding shamanism as a family of traditions whose practitioners voluntarily enter into altered states of consciousness to experience their spirit interacting with other spirits and other worlds, all for the goal of helping the community, both materially and spiritually.

**201.44 WAL WS**