

NEW TITLES IN THE OLCOTT LIBRARY - NOVEMBER 2007

Addiction and Responsibility [videorecording] / Francis Seeburger. Berkeley, CA : Thinking Allowed Productions, p2007, c1994. 1 videodisc (60 min.)
DVD 0095

Addiction, Attachment & Spiritual Crisis [videorecording] / Christina Grof. Berkeley, CA : Thinking Allowed, p2007, c1994. 1 videodisc (58 min.)
Christina Grof, author of *The Thirst for Wholeness*, talks with Jeffrey Mishlove about the connection between addictions and the spiritual quest and how attachments prevent us from attaining spiritual wholeness.
DVD 0089

The Ancient Wisdom in Modern Fairy Tales [sound recording] / John Algeo. Wheaton, IL : Theosophical Society in America, p2007, c1984. 10 sound discs (531 min.)
John Algeo presents the hidden symbols, myths, and transcendent metaphors contained in many popular fairy tales. Attention is given to L. Frank Baum's *The Wizard of Oz*, Lewis Carroll's *Alice Through the Looking-Glass*, J.R.R. Tolkien's *Lord of the Rings* trilogy, and the beginning section of *The Silmarillion*. Fairy tales readily lend themselves to esoteric interpretation. The program is a live classroom situation including dialogue between the instructor and class participants.
CDA 0183

Annie Besant on the World's Great Religions [sound recording] / John Algeo, Anton Lysy. Wheaton, IL : Theosophical Society in America, p2007, c2000. 10 sound discs (608 min.)
A weekly seminar based on Annie Besant's book *Seven Great Religions and other Writings*. Her view of religion represents a Theosophical one in that the major world religions have an underlying thread of commonality despite their outer differences.
CDA 0195

The Art of Ecstasy [videorecording] / Margo Anand. Berkeley, CA : Thinking Allowed Productions, p2007, c1998. 1 videodisc (60 min.) (Thinking allowed)
Margo Anand describes the "anti-ecstatic conspiracy" in modern life. We often forget the potential of our perceptual and emotional systems to create states of bliss.
DVD 0082

Ascension [sound recording] : a journey beyond / original piano music by Will Tuttle. Healdsburg, CA : Karuna Music & Art, c2006. 1 sound disc (67 min.)
CDA 0191

Astrology and Science [videorecording] / Arthur M. Young. Berkeley, CA : Thinking Allowed Productions, p2007, c1992. 1 videodisc (90 min.) (Thinking allowed)
Young and Mishlove discuss the implications of astrology on theoretical science.
DVD 0103

Buddhist Meditations for Easy Enlightenment [sound recording] / Glenn Mullin. Wheaton, IL : Theosophical Society in America, p2007, c1993. 6 sound discs (284 min.)
CDA 0176

Conscious Management [videorecording] / Cynthia Scott, Michael Scriven, Beverly Potter, Beth Jarman. Berkeley, CA : Thinking Allowed Productions, p2007, c1992. 1 videodisc (120 min.) (Thinking allowed)

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Managing change / Cynthia Scott (30 min.) -- Practical ethics / Michael Scriven (30 min.) -- Riding the waves of change / Beverly Potter (30 min.) -- Breakpoint and beyond / Beth Jarman (30 min.).

DVD 0101

Conscious Relationships [videorecording] / Patricia Sun. Berkeley, CA : Thinking Allowed Productions, p2007, c1994. 1 videodisc (60 min.) (Thinking allowed)

Patricia Sun presents the provocative view that women have a more highly developed rational and verbal capacity than men and that men are more emotional than women. She suggests women will better understand men if they take a softer, less judgmental approach. Men will better communicate with women if they make a rational effort to understand and articulate their own emotions.

DVD 0093

Las Encrucijadas de la Vida [sound recording] : / Alfredo Puig Figueroa. Wheaton, IL : Theosophical Society in America, p2007, c1998. 1 sound disc (47 min.) In Spanish.

A lecture given at the Inter-American Theosophical Federation Meeting.

Every human being faces several crossroads during life, situations where he is forced to choose from the different options presented. Based on the book *At the Feet of the Master*, Mr. Alfredo Puig clarifies how to develop a deep discrimination that may allow us to make the right decisions, the ones in tune with the path of spiritual evolution.

CDA 0179

Esoteric Christianity [sound recording] / John Algeo, Anton Lysy. Wheaton, IL : Theosophical Society in America, p2007, c2000. 14 sound discs (897 min.)

A classroom exploration of Annie Besant's book *Esoteric Christianity*. The first part of the program is discussion about the life of Annie Besant. The remainder of the program covers material from the book, including the historical Christ, the mythic Christ, and the mystic Christ.

CDA 0193

The Essence of Tibetan Buddhist Meditation Practice [sound recording] / Thubten Pende. Wheaton, IL : Theosophical Society in America, p2007, c1987. 1 sound disc (69 min.)

CDA 0174

Exploring Hyperspace [videorecording] / Saul-Paul Sirag. Berkeley, CA : Thinking Allowed Productions, p2007, c1997. 1 videodisc (60 min.) (Thinking allowed)

Saul-Paul Sirag reviews the history of our understanding of higher dimensions, from early ideas of the "fourth dimension" to the early 20th century dimensional theory that unified electromagnetism and gravity. This search for unification has led to continued exploration of higher dimensional space.

DVD 0091

Feeding the Body, Nourishing the Soul [videorecording] / Deborah Kesten. Berkeley, CA : Thinking Allowed Productions, p2007, c1998. 1 videodisc (60 min.) (Thinking allowed)

Knowledge of nutritional principles, says Deborah Kesten, does not necessarily lead to a healthy diet. In examining our attitudes toward food, she initiated a search of the world's spiritual traditions. She reviews the regard for food in Judaism, Christianity, Hinduism, Buddhism and the American Indian tradition. She maintains that the loving spirit with which we prepare and eat our food is a major factor in the quality of our diet.

DVD 0086

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The Geometry of Language [videorecording] / Stan Tenen. Berkeley, CA : Thinking Allowed Productions, p2007, c1998. 1 videodisc (60 min.) (Thinking allowed)

Stan Tenen notes that the two primary names of God in the Hebrew Torah refer to the fundamental metaphysical principles of duality: the god within and the god without, god as a singular entity and god as infinite. The key insight of Judaism, that these principles are actually one, is embedded in the very structure and shape of the Hebrew letters. Tenen further explains that these letters can all be derived from a language of gestures and suggests that this was the original language of humanity.

DVD 0096

Healing the Jewish-Christian Rift : growing beyond our wounded history / Ron Miller. Wheaton, IL : Theosophical Society in America, c2006. 1 videodisc (92 min.)

DVD 0106

Holistic Biology [videorecording] / Elisabeth Sahtouris. Berkeley, CA : Thinking Allowed Productions, p2007, c1999. 1 videodisc (58 min.) (Thinking allowed)

Consciousness may be thought of as the beginning point of evolution and of creation, rather than as a recent by-product of the evolutionary process. To support this view, Elisabeth Sahtouris cites developments in quantum physics.

DVD 0085

The Human Dilemma [videorecording] / Rollo May. Berkeley, CA : Thinking Allowed Productions, p2007, c1988. 1 videodisc (90 min.) (InnerWork)

Jeffrey Mishlove interviews Rollo May on existential psychology and the role of anxiety in our lives.

DVD 0102

Imagery and the Alphabet [videorecording] / Leonard Shlain. Berkeley, CA : Thinking Allowed Productions p2007, c1999. 1 videodisc (60 min.)

Leonard Shlain says that in ancient times human societies universally worshipped the image of a goddess and that about 5,000 years ago the sex of the deity changed. He believes that this change is related to the introduction of the alphabet and its effects upon the human brain.

DVD 0097

Intelligent Systems [videorecording] / Marvin Minsky, Feigenbaun & Nil, John McCarthy, Rudy Rucker. Berkeley, CA : Thinking Allowed Productions, p2007, c1992. 1 videodisc (120 min.)

DVD 0100

Interconnectedness and Social Policy [videorecording] / Stephan Schwartz. Berkeley, CA : Thinking Allowed Productions, p2007, c1994. 1 videodisc (57 min.) (Thinking allowed)

DVD 0083

Jung and the Wisdom of the Gnostic Gospels [sound recording] / Stephan Hoeller. Wheaton, IL : Theosophical Society in America, p2007, c1988. 1 sound disc (77 min.)

Stephan Hoeller explores the origins of Carl Jung's teachings and the relationship of Gnosticism to Jungian psychology.

CDA 0170

Karma, Skandhas, and Personality [sound recording] / Shirley Nicholson. Wheaton, IL : Theosophical Society in America, p2007, c1995. 1 sound disc (46 min.)

CDA 0192

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Living as a Peaceful Warrior [videorecording] / Dan Millman. Berkeley, CA : Thinking Allowed Productions, p2007, c1988. 1 videodisc (90 min.) (InnerWork)

Dan Millman suggests that we can find happiness if we commit ourselves to being present in the "now" moments of life.

DVD 0104

Look for the Warrior [sound recording] / John Algeo. Wheaton, IL : Theosophical Society in America, p2007, c1990. 1 sound disc (38 min.)

An interesting correlation between the teachings found in the *Bhagavad Gita* and a more recent book, *Light on the Path*, point to a common metaphor: life as a battle. This leads to the question: Who is the warrior?

CDA 0185

Meditation Series [sound recording] / Joy Mills. Wheaton, IL : Theosophical Society in America, p2007, c1985. 6 sound discs (256 min.)

Disc 1. The field of meditation (43 min.) - Disc 2. Techniques for achieving alignment (41 min.) - Disc 3. Concentration to imagination (42 min.) - Disc 4. Reflective meditation (45 min.) - Disc 5. Creative meditation (42 min.) - Disc 6. Integral meditation (43 min.).

CDA 0175

Miracles of Mind [videorecording] / Russell Targ. Berkeley, CA : Thinking Allowed Productions p2007, c1994. 1 videodisc (60 min.) (Thinking allowed)

Jeffrey Mishlove talks with Russell Targ who describes remote viewing research he conducted with sponsorship from the CIA and military intelligence establishment. He presents graphic illustrations of the tests that persuaded the government to fund this research, and describes his own personal experiences as a remote viewer.

DVD 0087

Modern Fairy Tales and the Ancient Wisdom [sound recording] : the wizard of Oz / John Algeo. Wheaton, IL : Theosophical Society in America, p2007, c1985. 1 sound disc (55 min.)

Fairy tales have come to us from antiquity and are found in many cultures from around the world. They are both very old and very new. The movies *Star Wars* and *The Chronicles of Narnia* can be seen as modern fairy tales. J. R. R. Tolkien recognized that fairy tales have immense value for their ability to transmit transcendent truths. H. P. Blavatsky alludes to secret symbols and hidden meanings within fairy tales in *Isis Unveiled*. John Algeo interprets L. Frank Baum's *Wizard of Oz* as a superb vehicle for transmitting the timeless truths of ancient wisdom.

CDA 0178

A Myth for Our Lives [sound recording] : follow the yellow brick road / John Algeo. Wheaton, IL : Theosophical Society in America, p2007, c1996. 1 sound disc (74 min.)

First published in 1900, *The Wizard of Oz* is presented as one of the great American myths, but which also contains Theosophical overtones. A summary of the importance of myths in cultures throughout history is provided with an emphasis on L. Frank Baum's work and its Theosophical content.

CDA 0184

The Path [sound recording] : rules of the road / a presentation of the Theosophical Society in America. Wheaton, IL : Theosophical Society in America, p2007, c1999. 7 sound discs (428 min.)

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An examination of some "rules" of the spiritual path in a week-long symposium hosted by Anton Lysy, with participants Ed Abdill, John Algeo, Betty Bland, Richard Brooks, Robert Ellwood, Don Kruse, Joy Mills, and Willamay Pym at the 113th Annual Meeting and Summer School of the Theosophical Society in America. Speakers share personal stories about how they were introduced to the teachings of Theosophy, its impact on their lives, and respond to questions from the audience.

CDA 0182

Personal and Social Change [videorecording] / Marilyn Ferguson, Jacob Needleman, George Leonard, Joseph C. Pearce. Berkeley, CA : Thinking Allowed Productions, p2007, c1988. 1 videodisc (120 min.) (Thinking allowed)

Brain, mind and society / Marilyn Ferguson (30 min.) -- The Art of communicating / Jacob Needleman (30 min.) -- Transforming human nature / George Leonard (30 min.) -- Biological and spiritual growth / Joseph C. Pearce (30 min.).

DVD 0099

A Perspective on How to Teach [sound recording] / Renée Weber. Wheaton, IL : Theosophical Society in America, p2007, c1985. 1 sound disc (60 min.)

Considerations on the communication process and how to apply it to Theosophical discussions.

CDA 0180

Philip K. Dick [videorecording] : modern Gnostic / Stephan Hoeller. Wheaton, IL : Theosophical Society in America, c2007. 1 videodisc (81 min.)

The famous creator of futuristic worlds wrote, "Reality is that which, when you stop believing in it, doesn't go away." Does the celebrated science-fiction writer of works like *Valis* share the same lineage with Gnosticism, the ancient tradition that has received increasing attention from scholars and artists since the Nag Hammadi Library was discovered in Egypt in 1945?

DVD 0081

The Philosophy of Tantric Yoga / Swami Chetanananda. Berkeley, CA : Thinking Allowed Productions, p2007, c1994. 1 videodisc (60 min.) (Thinking allowed)

Jeffrey Mishlove interviews Swami Chetanananda as he explores the philosophy of Tantric yoga, human development, and individual awareness.

DVD 0088

Physics and the Paranormal [videorecording] / Jack Sarfatti. Berkeley, CA : Thinking Allowed Productions, p2007, c1999. 1 videodisc (60 min.) : sd., col. ; 4 3/4 in. (Thinking allowed)

Jack Sarfatti presents his model for "post-quantum physics" in which he postulates that consciousness exists at a level outside of time and space, beyond that of quantum mechanical probability waves. He suggests that this scientific model may eventually allow us to build conscious computer chips. In Part II, Jack explains how he views consciousness, both human and non-human, as a physical but non-material process that interacts with the material world through synchronicity.

DVD 0092

Psychedelic and Yogic Pathways to Reality [sound recording] / Geoffrey Hodson. Wheaton, IL : Theosophical Society in America, p2007, c1967. 1 sound disc (34 min.)

Altered states of consciousness are contrasted with changes in consciousness brought about by a disciplined practice of yoga.

CDA 0189

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Psychiatry and the Psychic Realm [videorecording] / Judith Orloff. Berkeley, CA : Thinking Allowed Productions, p2007, 1997. 1 videodisc (58 min.)

Orloff describes her struggle coming to terms with her psychic abilities while establishing herself in a psychiatric career--where claims of psychic functioning are often viewed as signs of mental illness. She discusses the use of clairvoyance within her psychiatric practice and suggests that this level of intuitive functioning can be of value to both patients and therapists.

DVD 0094

Root of Being in the Process of Becoming [sound recording] / Emily Sellon. Wheaton, IL : Theosophical Society in America, p2007, c1980. 1 sound disc (40 min.)

Trying to capture the essence of Theosophy is a problem that is difficult, subtle, and complex. No single definition is entirely satisfactory. In its ultimate sense, Theosophy is beyond description. Therefore, at the deepest level, Theosophy has to be realized in one's own life.

CDA 0173

Shamanic Physics [videorecording] / Fred Alan Wolf. Berkeley, CA : Thinking Allowed Productions, p2007, c1992. 1 videodisc (90 min.) (InnerWork)

Wolf and Mishlove discuss shamanism and how its realities can be mentioned in terms of modern physics. Wolf also discusses his interactions with shamans in America and elsewhere.

DVD 0105

The Significance of Prana and Chakras in Human Life [sound recording] / Emily Sellon. Wheaton, IL : Theosophical Society in America, p2007, c1978. 1 sound disc (78 min.)

Consciousness is one. We cannot experience consciousness in a plural sense, yet we share it with one another. Consciousness can be referred to as a field containing various modes of knowing. Examples include bodily sensations, emotional sensitivity, perception of ideas, or intuitive knowing. Meditation helps to channel more effectively the higher energies flowing through us via the chakras.

CDA 0171

Spirit and Psyche in the Secret Gnosis [sound recording] / Stephan Hoeller. Wheaton, IL : Theosophical Society in America, p2007, c1989. 3 sound discs (185 min.)

CDA 0172-2

Spiritual Eldering [videorecording] / Zalman Schachter. Berkeley, CA: Thinking Allowed Productions, p2007, c1992. 1 videodisc (60 min.) (Thinking allowed) (InnerWork)

Mishlove and Rabbi Schachter discuss the concept of spiritual eldering, including the spiritual dimensions of aging and conscious living, the affirmation of the importance of the elder years, and teaching individuals how to harvest their life's wisdom and transform it into a legacy for future generations.

DVD 0084

Spiritual Psychology [videorecording] / Frances Vaughan, Seymour Boorstein, Edith Fiore, John Weir Perry. Berkeley, CA : Thinking Allowed Productions, p2007, c1988. 1 videodisc (120 min.) (Thinking allowed)

Spirituality and psychology / Frances Vaughan (30 min.) - Psychology and spiritual paths / Seymour Boorstein (30 min.) - Past-life regression and spirit de possession / Edith Fiore (30 min.) - Visionary experience or psychosis / John Weir Perry (30 min.).

DVD 0098

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Studies in the Key to Theosophy [sound recording] / a presentation of the Theosophical Society in America. Wheaton, IL : Theosophical Society in America, p2007, c1994. 6 sound discs (419 min.)

Vol. 1. John Algeo / Anton Lysy (140 min.) - Vol. 2. Robert Ellwood (153 min.) - Vol. 3. Ralph Hannon (126 min.). John Algeo, Robert Ellwood, Ralph Hannon, and Anton Lysy comment on various portions and aspects of H. P. Blavatsky's *The Key to Theosophy* as a part of the Inaugural Session of the Olcott Institute, July 1994.

CDA 0186

T'ai Chi for Health [videorecording] : yang short form / with Terence Dunn. Port Washington, NY : Koch Vision, p2004. 1 videodisc (120 min.)

America's leading T'ai Chi instructor, Terry Dunn offers the most complete, easy-to-use guide for the most popular styles of T'ai Chi. Includes warm up exercises, basic postures, instruction in 37 postures-short form style, and much more.

DVD 0107

The Impress of the Unseen on Mankind [sound recording] / Geoffrey Hodson. Wheaton, IL : Theosophical Society in America, p2007, c1967. 1 sound disc (29 min.)

According to Theosophy, seven planes of Nature exist and may be thought of and referred to as energy fields. Humans live and operate in these fields and are subject to innumerable streams of physical and super-physical forces that play upon our psyche and influence us on a conscious or unconscious level.

CDA 0177

The Serpent Fire and the Powers Latent in Man [sound recording] / Geoffrey Hodson. Wheaton, IL : Theosophical Society in America, p2007, c1956. 1 sound disc (50 min.)

A brief outline of kundalini, a power which lies latent in most human beings - its source, its operation in the human body, and the nerve centers through which it operates. The safest way to develop this power is through a yoga practice. The motive of the yoga practice is of utmost importance -- deep, impersonal, non-possessive love which embraces all of humanity. Drawing from passages of the *Voice of the Silence* and *Bhagavad Gita*, the speaker gives the listener a heightened sense of the ideal motive found within the aspirant.

CDA 0190

Transcending Enneagram Personality Patterns [sound recording] / Dave Birr. Wheaton, IL : Theosophical Society in America, c2007. 1 sound disc (80 min.)

The enneagram is a fascinating guide to spiritual self-observation. Learn to discern how your habitual focus of attention arises from specific unconscious survival strategies. Discover the correlations between the planets and enneagram personality types. Only by awareness of the contents of your mind and disengagement from the habitual content can one become free to discover the soul.

CDA 0181

War and the Soul [sound recording] / Ed Tick. Wheaton, IL : Theosophical Society in America, c2006. 1 sound disc (79 min.)

CDA 0194

Will the Real H. P. Blavatsky Please Stand Up [sound recording] / John Algeo, Anton Lysy. Wheaton, IL : Theosophical Society in America, p2007, c2001. 5 sound discs (312 min.)

The complexities of H. P. Blavatsky (HPB) are revealed through her voluminous correspondence and the views her friends, enemies, and bystanders had of her. This peek at the 'sphinx' behind the veil of Isis looks at her complex personality, her accomplishments, and her influence in the world. Blavatsky was one of the

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most notable women of the nineteenth century, whose writings and personality influenced the twentieth century in many ways. The material is organized chronologically: 1) Blavatsky's early life in Russia and world travels; 2) HPB in America; 3) HPB in India; 4) Life in Europe and England; and 5) Her influence and impact on society and human culture. The primary text used for this course was *The Esoteric World of Madame Blavatsky* by Daniel Caldwell.

CDA 0196

The Wisdom of Haféz [videorecording] / Haleh Pourafzal. Berkeley, CA : Thinking Allowed Productions, p2007, c1999. 1 videodisc (60 min.) (Thinking allowed)

The fourteenth century poet, Haféz, has been described as one of the "Iranian oil wells that never run dry." He was a mystic, a philosopher, who translated the ancient Zoroastrian world view into an Islamic milieu. His vision was so large as to speak across the centuries and touch, lovingly, upon virtually all aspects of life. His spiritual genius was recognized by western poets such as Goethe, Nietzsche and Emerson. Haleh Pourafzal points out that Haféz criticized the tendency of the human mind to fixate upon any one idea. He used the metaphor of intoxication to symbolize the spiritual path.

DVD 0090

The Yoga of Patanjali [sound recording] / Ianthe Hoskins. Wheaton, IL : Theosophical Society in America, p2007, c1972. 1 sound disc (50 min.)

The ancient Indian sage Patañjali is best known as a codifier of principles of yoga. Patañjali did not invent yoga but displayed a particular genius for being able to document and organize its essential principles and practices. Publications of the yoga sutras are generally accompanied by commentary. Ianthe Hoskins gives a general introduction to the yoga sutras.

CDA 0188

The Yoga Sutras of Patanjali [sound recording] / Renée Weber. Wheaton, IL : Theosophical Society in America, p2007, c1977. 1 sound disc (69 min.)

Patañjali's yoga, dating from approximately the second century B.C.E., forms one of the six major systems of Indian philosophy and is often linked to the theoretical system of Sankhya yoga.

CDA 0187