**NEW TITLES IN THE OLCCOTT LIBRARY – JULY 2008**


A documentary film featuring the establishment and history of the Theosophical Society.

DVD 0142


155.937 Mil AD


179.3 Lin AT


(Theosophical history occasional papers ; v. 11)

B D756 Bue AE


193 Nie BWN

*Be!* [sound recording] : embrace the mystery / Shirlee Hall. Wheaton, IL : Theosophical Society in America, c2008. 1 sound disc (63 min.)

Why not claim our divine birthright and be healed forever? Why not be aglow with the fire of immortality? Why not be the heroes and heroines we admire? True healing occurs when the Invisible becomes visible.

CDA 0313


B181.4 Coz BP


A lively program of wondrous Celtic storytelling by an internationally renowned authority on mythology from Great Britain.

CDA 0305


B C365 Cha CS


616 Bol CB


113 Hel CT
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  The speaker introduces the key elements of the Theosophical worldview and shows how Theosophy reveals the nature, source, goal, and purpose of our lives. CDA 0306

_Doing Grammar Have a Role in the Life of the Spirit?_ [sound recording] / Lawrence Weinstein. Wheaton, IL : Theosophical Society in America, c2008. 1 sound disc (30 min.)
  Language molds thinking, and changing how we use language can change our lives. Discussing "Grammar to Restore the Ego" and "Grammar for Mindfulness," the speaker combines brief readings from his book, _Grammar for the Soul_, with questions and comments from the audience. CDA 0312

_Don't Know Much About the Bible_ : everything you need to know about the Good Book but never learned / Kenneth C. Davis. New York : Eagle Brook, c1998. 533 p. 220.6 Dav DKM


_Healing Quest_ : in the sacred space of the medicine wheel / Marie Herbert. York Beach, ME : Weiser, 1997, c1996. 199 p. 970.1 Her HQ


  Glenn Mullin examines the Tibetan Buddhist doctrines of samsara and nirvana, karma and emptiness, life and beyond. CDA 0316

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T922.22 Pad zHar LRPL

J294.1 Nat LMSH

B736 Ogl MFB (Oversize)

This recording is not a "how to" presentation on meditation, but rather a philosophical dialogue on the necessity of maintaining a practice of meditation in the modern world.
CDA 0304

*Now and Zen* [sound recording] : sitting 'til spring / Barbara Rhodes. Wheaton, IL : Theosophical Society in America, c2008. 1 sound disc (76 min.)
Zen Master Barbara Rhodes speaks and answers questions about the Zen tradition and the practice of sitting for a long, intense retreat.
CDA 0311

T M626 OTA

366.1082 Pil OD

Although we live in a world of space and time, we are mysteriously rooted in a reality that includes, but is also beyond, concepts of space and time. The nature of that ultimate reality may be impossible to describe, but it is imminent in experience. According to the sage Patanjali, we must learn how to restrain the fluctuations of consciousness before we can abide in our own true nature. Yoga provides the method, but to travel the path of yoga, we must become that path.
CDA 0310

B181.4 Can PBD

299.8 Mag PS
NEW TITLES IN THE OLCOTT LIBRARY – JULY 2008

B753 McA RBA

*Relaxation of Mind/Body* [sound recording] / Erik Peper. Wheaton, IL : Theosophical Society in America, p2008, c1982. 1 sound disc (67 min.)  
What is the difference between meditation and relaxation? Dr. Erik Peper says that relaxation is a precursor to meditation. Relaxation allows the mind to become quiet and without distractions, and this state of mind can set the stage for the deeper meditation process. Meditation allows us to control our emotions, rather than being controlled by them. Dr. Peper suggests various techniques that can be utilized by the beginning student of meditation.  
CDA 0315

616.89 Cov SS

*Sea Change* [videorecording] : cultural evolution in the early 21st century / Jim Kenney. Wheaton, IL : Theosophical Society in America, c2008. 2 videodiscs (81 min.)  
We are living in a critical transformative period characterized by a steady decline in influence of some of our most familiar assumptions, values, and models for understanding. We're increasingly come to question and challenge patriarchy, the legitimacy of war, ecological exploitation and pollution, racially-based policies, injustice, religious exclusivism, and imperialism. What are the implications of this extraordinary dynamic in 21st century cultural evolution?  
DVD 0143

*Start the Conversation* : the book about death you were hoping to find / Ganga Stone. New York : Warner Books, c1996. 185 p  
155.937 Sto SC

303.66 Hil TLW

372 Mon TEHP

200.973 Ove THY

Yoga is more than just a system of physical exercises. It is a broad discipline intended for mastering the various vehicles of consciousness so that they become instruments of expression for the inner, spiritual Self. Manifesting one's divine nature can be achieved through the correct practice of yoga.  
CDA 0309

*Visualization and Healing* [sound recording] / Erik Peper. Wheaton, IL : Theosophical Society in America, p2008, c1983. 2 sound discs (98 min.)
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The speaker discusses the important role that attitude plays in the healing process emphasizing how relaxation and visualization can lead to improved health.

CDA 0314


591.5 Mas WEW

Yoga [sound recording]: man's way to power and knowledge / Geoffrey Hodson. Wheaton, IL: Theosophical Society in America, p2008, c1960. 1 sound disc (50 min.)

During the 1960's there was a remarkable surge of interest in yoga on the part of young people living in the West. Geoffrey Hodson gave this talk in 1960 when the movement of Eastern philosophical ideas to the West was beginning to gain momentum. This talk is divided into two parts: the first covers the basic philosophy of yoga, and the second deals with various methods and practices of yoga, particularly those that lead towards self-mastery and self-illumination.

CDA 0317

Yoga and the Path of Self Realization [sound recording] / Rohit Mehta. Wheaton, IL: Theosophical Society in America, p2008, c1986. 1 sound disc (74 min.)

The speaker discusses the philosophy of Yoga with reference to ancient spiritual texts, and compares then with the views and findings of modern scientists. Sridevi Mehta begins this program with a short performance of classical Indian music.

CDA 0307

The Yoga of the Upanishads [sound recording] / Ianthe Hoskins. Wheaton, IL: Theosophical Society in America, p2008, c1972. 1 sound disc (53 min.)

The Upanishads rank with the greatest spiritual and philosophical writings of humanity. They have stood the test of time because of their beauty of expression and their depth of spiritual insight. The yoga of the Upanishads involves the whole person, not merely the physical body. It involves the union of the separate limited self with the higher eternal Self. The Upanishads are not based on speculation or scholastic debate, but upon actual experiences of illumined sages of ancient India. This lecture was delivered at the Theosophical Society in London and provides an excellent introduction to the Yoga of the Upanishads.

CDA 0308