

FOOD
AND
FLAVOR

BY
HENRY T. FINCK

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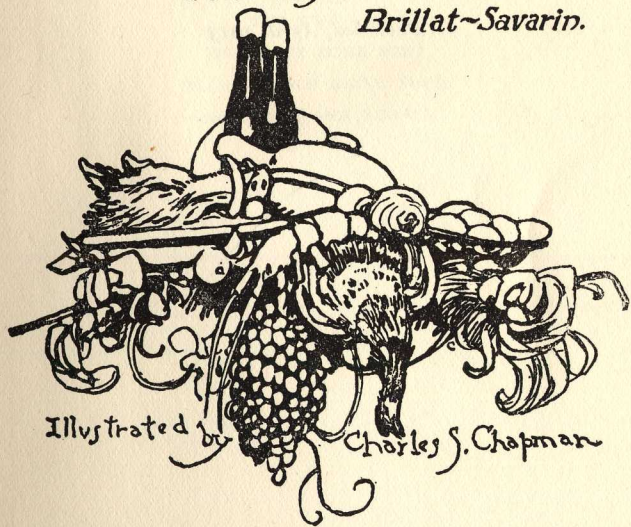
**A GASTRONOMIC GUIDE
TO HEALTH AND GOOD LIVING**

BY

HENRY T. FINCK

*"The destiny of nations depends upon what and
how they eat"*

Brillat-Savarin.



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much practised. In 1910, according to the U. S. Census Reports, the maple syrup production of the country was 4,106,418 gallons, and in addition to this there were made over 14,000,000 pounds of maple sugar.

In that year Ohio led all the States in the production of maple syrup, followed by New York, Vermont, Pennsylvania, Indiana, Michigan, Wisconsin, and New Hampshire. In many other States it can be made in paying quantities. Farmers are advised to attend to this industry as a source of extra income. In the Bulletin just referred to, attention is called to two important economic considerations: "The season of production comes at a time of the year when little or no other work can be done on the farm, thus allowing the aid of the family and farm help for the boiling and manufacture. Moreover, since the sugar bushes as a general rule are situated on hilly country that would not be suitable for any other crop, these two items could hardly be placed at a high value in a table of costs."

Every farmer who lives in a State and region where the sugar maple prospers should secure Bulletin 516 through his representative in Washington. By attending strictly to the matter of delicate Flavor, not only can the industry be enormously increased at home but foreign markets can easily be won. Adulteration must, however, be severely curbed. Under present condi-



The sugar bush.

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