

# Marilyn Johnston Theosophical Principles in the Healing Art of Therapeutic Touch

Dora Kunz was a clairvoyant but also very grounded in Theosophy, especially the service Aspect. The Theosophical aspect is what guided her clairvoyance.

Initial idea with Therapeutic Touch (TT) was to train nurses since they have the biggest audience with the suffering, the most interaction with those who most need basic compassion and healing.

## Complimentary morality:

Dora Kunz's essential existential questions was: "What can I do for The Theosophical Society? Her deepest answer: Healing.

One of her breakthroughs was with energy fields. She explored the phenomenon that all energy fields have discernable (by a sensitive) patterns and rhythms. If you can determine the pattern and rhythm of an energy field you can work with it. For example a field that has left its natural pattern and rhythm can be gently encouraged to return to it.

Another key to her healing technique is that the practitioner who practices TT is not doing the healing; the TT practitioner of TT is a sort of channeler who helps to bring in an energy/intelligence that encourages healing to happen.

The real key to the whole process is that our body, at all levels, has a natural tendency to be whole, to heal, to harmonize. Another way of looking at this natural yearning is to say that the body, in all its fields, has a strong memory of its innate most natural pattern of being and vibration. TT is a process that nudges the memory of the body to return to its more original, whole state. Thus the process is similar in a way to spiritual growth in general which has also been called by some mystics a process of remembering the Reality form which we came.

Marilyn Johnston gave the class several demonstrations of TT, talking us through her process as she went. The steps for the TT practitioner,, probably made simpler by her own long learning and practice, were essentially as follows:

1. Quiet yourself completely.
2. Approach the client with compassion and an absolute resolution to do no harm.
3. While the client sits comfortably in a chair, the TT practitioner assesses the energy of client's fields. The assessment is done by the TT practitioner very slowly moving her two open hands, palms toward client, a couple inches from the client's body, scanning the entire body. The TT practitioner begins with the soles of the feet up to eventually the crown of the head, first in back and then in front.

4. After the TT practitioner has found those fields, those places that need energy, she channels added energy to those places via her hand charkas. This energy being added is the Universal Energy itself.