The Theosophical Society in America Invitation to THE DREAM CIRCLE: AN ONLINE DREAM STUDY GROUP

Meets weekly online Wednesdays 12:30 PM - 1:30 PM USA Central Time. Ongoing. Presenters (facilitators): Weyler Greene, Ph.D., Sy Ginsburg, J.D.

Dr. Greene is the C.G. Jung, Analyst in Residence and Clinical Consultant in the June Singer Clinic, Evanston, Illinois. Sy Ginsburg was a 19 year pupil of Sri Madhava Ashish, author of the group textbook *An Open Window: Dream as Everyman's Guide to the Spirit.*

Welcome to the Dream Circle: an Online Dream Study Group, based on the theosophical dream teachings of Sri Madhava Ashish, with reference to the dream theories of C. G. Jung. Dream sharing has been an integral part of many cultures, helping individuals to recognize the symbolic language in which our dreams speak to us. The interpretation of the symbols in our dreams, helps us to access the wisdom of the Spirit (Self) that speaks to us from our subconscious. The general purpose of the group is to help us deepen the experience of our own dreaming process. Link to The Dream Circle is: http://theosophical.adobeconnect.com/dreams/ Please apply to jbosco@theosophical.org for your password. For this Study Group you need a computer with speakers and a microphone in it. A webcam is also useful but not essential. Most laptops now have such equipment built in. If not, a separate camera and sound device can be purchased. Several participants have had technical problems logging on to this class for the first time. These should be reconciled in advance if possible so that class time is not taken up with individual technical issues. The Administrator/host of the Study Group, Jim Bosco, Chief of Staff of the Theosophical Society in America, offers Email assistance for this purpose.

Parameters of how the Dream Circle, the Online Dream Study Group works

- 1. Bring a dream to each class session. Be prepared to present the facts of the dream, the life event background that may have stimulated it and your emotions as felt within the dream and on awakening. You can submit your dream in writing in advance to syginsburg@aol.com for distribution to the group or you can just present it orally. When presenting you can optionally turn on your webcam.
- 2. Members of the group will likely ask questions to clarify the dream in order to understand the content.
- 3. Discussion of the dream is then opened up to the other members who respond beginning: "If this were my dream," And then give their view of what the dream means.
- 4. Dreams often reveal sensitive personal information. As the Dreamer, you as well as the Presenters are entitled to cut off discussion of your dream at any time.
- 5. Many dreams open to sexual keys. You should be prepared to give sexual interpretations and also realize that others commenting upon the dream may give sexual interpretations.
- 6. Members of the dream study group must be prepared to respect each other's privacy. There is tacit agreement that the dreams of participants will not be discussed with others outside the group.
- 7. An important aspect of this study group is not just to interpret your dreams, but to help you to learn how to interpret your dreams. Another important purpose is to help you to remember and record your dreams. The requirement that you bring a dream supplies a kind of group "will" to help you remember.

Recommended Study Group Textbooks

Ashish, Sri Madhava. *An Open Window: Dream as Everyman's Guide to the Spirit* (New Delhi: Penguin, 2007) available at Amazon or the Quest Bookshop. http://www.questbookshop.org/scripts/prodView.asp?idproduct=1236

C. G Jung, *Man and his Symbols*, (New York: Anchor/Doubleday, 1964; preferred hardback ed.). This is not a dream dictionary. It is more an explanation of how the psyche uses symbols in dreams to represent an idea. Much value lies in the illustrations, so a good hardback edition is preferred. Examination of the symbols illustrated helps us to understand how they are used by the Spirit (Self) to urge the personality toward growth, maturity and wholeness.

Available at Amazon or Quest Bookshop. http://www.questbookshop.org/scripts/prodView.asp?idproduct=1917 The Quest Bookshop (800) 669-1571 offers a 20% discount on the above books. See links above.

<u>Biographical data:</u> Please email <u>weylergreene@gmail.com</u>, <u>syginsburg@aol.com</u>, <u>jbosco@theosophical.org</u> with the following information about yourself so that we know a bit about your experience with dream study.

- a) Full name
- b) Street address, city, state, country
- c) Telephone number
- d) Email address
- e) Birthdate and age
- f) Gender
- g) An autobiographical statement telling us something about yourself, family, education, work.
- h) A statement telling us about your previous experiences, if any, with other dream study groups.
- i) Anything else you care to add telling us about your interest in dreams.