

Nature Days

awareness & action

No charge!
Donations welcome.


April–October (2 Saturdays & 5 Sundays)

Connect with nature, yourself, and others.



April 18
2–4 p.m.

~ **Grow food sustainably and organically:** Learn about sustainable and organic gardening from our speaker Izabella Kowalski. This will be followed by the planting of provided seeds. Gardening will be ongoing during growing season.



May 1
Sat. 7:30 a.m.

~ **Spend time outdoors:** Go for a 1½ to 2-hour bird walk at Lincoln Marsh (LM) in Wheaton, IL. Meet us at LM or at the Theosophical Society in America at 7:15 a.m. Directions to LM: From Roosevelt Rd, turn North on County Farm Rd, turn East on Harrison which will end at the LM parking lot entrance. Enjoy the outdoors.



June 5
Sat. 10 a.m.

~ **Support local and organic agriculture:** Join us and go to the French Market in Wheaton, IL or visit your local farmer's market. Meet us at the Theosophical Society in America at 9:45 a.m. or go directly to your local farmer's market. Eat local and organic. Support local farmers.



July 11
2 p.m.

~ **Spend time outdoors:** Go for a one-hour ranger-led hike at Herrick Lake Forest Preserve in Wheaton, IL. Join us in the South parking lot at Herrick Lake Forest Preserve or meet us at the Theosophical Society in America at 1:30 p.m. Enjoy the outdoors.



Aug 1
2–4 p.m.

~ **Soil:** Watch the film 'Dirt! The Movie' (86 minutes) followed by discussion. Film screening is sponsored by the Geneva Green Market, NFP. Take action to preserve nature.



Sept 5
2–4:30 p.m.

~ **Water:** Watch the film 'Waterlife' (109 minutes) followed by discussion. Take action to preserve water resources.



Oct 10
10 a.m.–12 p.m.

~ **Interconnectedness:** Celebrate World Day of Interconnectedness – a global 24-hour event with a focus and concentration on celebrating interconnectedness. Participate in painting a Peace Pole which will be "planted" on the grounds at the Theosophical Society in America. Take action by helping others and preserving nature.