

Camp Far Horizons 2017 Summer Programs

**in a pristine, off-the-grid location*

Lodging prices start at
\$40 per night and
include 3 daily hot
vegetarian meals

Most programs are
priced at \$100



Nestled in the majestic wilderness of the Giant Sequoia National Monument in the high sierras, Far Horizons is midway between Los Angeles and San Francisco, one hour east of Fresno at 7200 feet. Far Horizons is electricity-free (lighted and heated with propane), and provides a magical place to experience pure nature.

*Summer volunteer staff is needed. If interested e-mail volunteer@farhorizons.org

1. June 15 – June 18: “Waking up to the Wild: Mindful Hiking” with Kay Peterson
2. June 22 – June 25: “Despertando La Divina Diosa Dentro” with Lily Robles
3. June 28 – July 2: “The Nature of Rhythm/The Rhythm of Nature”: Drumming with Patricia Hatfield & Cheryl Ulrich
4. July 5 – 9: “Flowing into Grace: Qi Gong Mindful Movement to Renew and Restore Vital Life Force Energy” with Robert Evans
5. July 12 – 16: Zen Buddhism Retreat with Sandy Gentei Steward (invitation only)
6. July 20 – 24 : “Flow Deeper into Balance”: Yoga with Kristin English
7. July 27 – July 30: “Life Skills of Mindful Meditation: A Heartfelt Path”
with Natalie Garvey De Leon
8. August 2 – August 6: “Yoga for All Ages...Anywhere, Anytime” with Suza Francina
9. August 9 – August 13: “Empowering the Divine Feminine as Self-Care” with Barbara Hebert
& Ananya Sri Ram Rajan
10. August 16 – August 20: “Sacred Circle Dance Retreat” with Maureen Atkins & Gwen Heckerroth
11. August 23 – August 27: “Learning about Your Rainbow Body: Exploring the Western Chakra System” with Kurt Leland
12. August 30 – Sept. 3: “Yoga and Adventure Camp” with Jameson Hinkle & Kellee Dohrman

Find much more information, including how to register at www.farhorizons.org

Far Horizons operates in partnership with Giant Sequoia National Monument on a non-discriminatory basis