



## COMPLIMENTARY HEALING TRAINING: Therapeutic Touch

Nelda Samarel ED.D.

April 20-22, 2018

**Therapeutic Touch (TT)** a contemporary interpretation of several ancient healing practices, is neither faith-healing nor “laying-on of hands,” but is a method of healing based on the theosophical world view and on science. TT is particularly effective in bringing about a state of deep relaxation, decreasing physical and emotional stress, relieving pain, accelerating healing, and generally increasing well-being at all levels: physical, emotional, mental and spiritual. The technique is gentle, simple to learn, and can be used very effectively with people of all ages. Participants will:

- Identify the principles upon which TT is based and explore the validating research.
- Demonstrate, through supervised practice, beginning skills in the technique of TT.
- Discuss the application of TT to specific problem areas.
- Relate the practice of TT to one's values and personal growth.

**NELDA SAMAREL ED.D.**, a long-time student of the Ageless Wisdom, is past Director of the Krotona School of Theosophy and past Western District Director of the Theosophical Society in America. A retired professor of nursing and researcher, she has been practicing and teaching Therapeutic Touch since 1980. She has numerous publications and presents internationally.

**Training Sponsored by The Theosophical Society in America - Oklahoma City Lodge (TSOKC Lodge)** *who encourages open-minded inquiry into world religions, philosophy, science, and the arts in order to understand the wisdom of the ages, respect the unity of all life, and help people explore spiritual self-transformation.*

**Limited Enrollment**  
**EARLY BIRD SPECIAL \$125 UNTIL APRIL 15th**  
**Cost \$150.00**

**Funds Raised From Tuition Will Be Donated to  
the Diversity Center of Oklahoma. Inc. (501c3)**

**Location: 2242 N.W. 39th Oklahoma City, Okla. 73112 For  
information about the training please contact**

**Kelley Blair 405-252-0372**  
**info@diversitycenterofoklahoma.org**  
**www.diversitycenterofoklahoma.org**



*Diversity Center of Oklahoma Inc's mission is to reduce barriers to Gender Diverse & LGBTQ communities and their families, including marginalized and disenfranchised persons of color.*

### WHO SHOULD ATTEND

**Medical Professionals - Mental Health Clinicians - Alternative Healing Practitioners (Energy Healers) - Spiritual Practitioners - Clergy**  
**A Certificate of Attendance will be Provided Upon Completion & Continuing Education Credits (CEU's)**

This training session has been approved by Oklahoma State Board of Behavioral Health & Oklahoma State Board of Licensed Alcohol & Drug Counselors Documentation of attendance and certificate of completion will be provided after completion of the training on Sunday.