

## **DYING AND LIFE AFTER DEATH**

Beisser, Arnold R., *A Graceful Passage: Notes on the Freedom to Live or Die*, 1990, 229 pages.  
In an era when medical technology can sustain life longer than ever before, this book explores the challenging issue of whether people should be allowed to die at a time of their own choosing or not.

**155.937 Bei GP**

Besant, Annie, *Death—and After?*, 1977, 100 pages.

Besant describes the process we call death, by which the immortal Self of man withdraws from physical experience towards higher realms, the fate of the different components of the passing personality, and how the Self returns to Earth for a new incarnation.

**T B463 DA 1977 (Mini)**

Bailey, Lee W., *The Near-Death Experience: A Reader*, 1996, 409 pages.

A collection of essays forming a comprehensive survey of remarkable representative cases of near-death experiences, this book offers an interdisciplinary debate on ways to interpret the phenomenon from biological, psychological, philosophical, and religious viewpoints.

**133.9013 Bai NDE**

Blackman, Sushila, *Graceful Exits: How Great Beings Die*, 2005, 159 pages.

Death—and life—is placed in a truer perspective as Blackman offers 108 stories that recount the ways in which Hindu, Tibetan Buddhist, and Zen masters, both ancient and modern, have confronted their own deaths and left this world with dignity.

**155.937 Bla GE**

Boerstler, Richard W., *Life to Death: Harmonizing the Transition*, c1995, 239 pages.

A complete guide to caring for those who are about to make the final passage that describes how to use the method of comeditation, an ancient holistic technique for giving comfort and clarity to the dying.

**155.937 Boe LD**

Budge, E. A. Wallis, *The Book of the Dead*, 1967, 377 pages.

A collection of texts that Egyptian scribes composed for the benefit of the dead, which includes spells and incantations, hymns and litanies, and a description of the processes that the soul undergoes after the death of the body.

**E294.1 BD Bud 1967**

Doore, Gary, *What Survives? Contemporary Explorations of Life After Death*, c1990, 287 pages.

A collection of writings by contemporary thinkers, scientists, philosophers, psychologists, and religious leaders, exploring the process of dying, the survival of consciousness after death, and the memory of past lives.

**129.4 WS**

Dzogchen Ponlop, Rinpoche, *Mind Beyond Death*, c2006, 318 pages.

A guidebook through the journey of life and death from the Buddhist Tibetan perspective that clearly explains the teachings on the bardos—the intervals of life, death, dream, and meditation—and how to live with fearless abandon.

**T294.5 Dzo MBD**

Farthing, Geoffrey, *After Death Consciousness and Processes*, 1996, 306 pages.

A compilation of extracts from the writings of H. P. Blavatsky, co-founder of the Theosophical Society, and her Initiate Teachers about the universal cycle of birth, death, and rebirth, as well as the processes undergone between two incarnations.

**T F251 ADCP**

Farthing, Geoffrey, *When We Die*, 1968, 53 pages.

An outline of the processes and subjective states in the period between lives, with some information about spiritualistic and psychic phenomena, based on the writings found in the *Mahatma Letters to A. P. Sinnett*.

**T F251 WWD**

Franz, Marie-Luise von, *On Dreams and Death: A Jungian Interpretation*, 1986, 193 pages.

A provocative inquiry into what the human unconscious has to say about the fact of impending death exploring the deepest fears and hopes about death through the analysis of the dreams of people just before they die.

**155.937 Fra ODD**

Grof, Stanislav, *Books of the Dead: Manuals for Living and Dying*, c1994, 96 pages.

Grof considers some of the most important accounts of death found in ancient Egyptian funerary texts, the Tibetan Bardo Thodol, the Mayan and Aztec myths of death and rebirth, and the Christian visions of the soul's journey.

**291.23 Gro BD**

Hodson, Geoffrey, *Through the Gateway of Death: A Message to the Bereaved*, 1956, 73 pages.

Written primarily to bring consolation and illumination about the teachings of Theosophy regarding death, this book also provides information to those seeking knowledge about man's life after death.

**T H669 TGD**

Kapleau, Philip, *The Zen of Living and Dying: A Practical and Spiritual Guide*, 1998, 273 pages.

Through presenting a philosophical view of life and death, this book introduces a spiritual orientation to dying, spiritual practices such as that of daily dying, which prepares for a serene and joyous life and death, and different meditations on death.

**155.937 Kap ZLD**

Kramer, Kenneth, *The Sacred Art of Dying: How World Religions Understand Death*, c1988, 226 pages.

The story of death is presented in a comparative religious context examining the attitudes of different traditions towards death, dying, and afterlife, using for that purpose primary source materials and pertinent sacred texts from each tradition studied.

**291.23 Kra SAD**

Kübler-Ross, Elisabeth, *On Death and Dying*, 1997, 286 pages.

One of the most famous psychological studies which grew out of an interdisciplinary seminar on death introduces the now famous idea of the five stages of dealing with death: denial and isolation, anger, bargaining, depression and acceptance.

**155.937 Kub ODD**

Leadbeater, C. W., *The Life after Death*, c1912, 65 pages.

Written by a renowned Theosophist, this book depicts an account of the processes the soul undergoes after death—called Purgatory and Heaven in Christianity—as well as the different entities (human and angelic) that help the departed one in transition.

**T L469 LD**

Leadbeater, C. W., *The Other Side of Death*, 1961, 753 pages.

A thorough description of this subject based on clairvoyant research, stating the facts of the after-death life, clarifying religious misconceptions, explaining related phenomena like apparitions and death-bed visions, and evaluating spiritualism and psychical research.

**T L469 OSD 1961**

Levine, Stephen, *Healing into Life and Death*, c1987, 290 pages.

A discussion about healing, not only physical but also spiritual, that offers many meditative techniques for working with pain and grief, discussing the development of a merciful awareness as a means of healing.

**155.937 Lev HLD**

Miller, Sukie, *After Death: How People Around the World Map the Journey After Life*, 1998, 235 p.

Identifying four distinct stages of the afterdeath in her research—Waiting, Judgment, Possibilities, and Return—the author analyzes the results of cross-cultural afterdeath systems in India, Brazil, Indonesia, West Africa, and the United States.

**155.937 Mil AD**

Perkins, James S., *Through Death to Rebirth*, 1973, 124 pages.

Considering the cycles of death and rebirth as a definite and purposeful process towards the gaining of an awareness of immortality, this book addresses the questions of continuity of consciousness and the states a person goes through after death.

**T P419 TDR 1973**

Raphael, Simcha P., *Jewish Views of the Afterlife*, c1994, 474 pages.

An investigation into the ideas found in the Bible, Apocrypha, rabbinic literature, medieval philosophy, medieval Midrash, Kabbalah, and Hasidism, showing how Judaism has conceived of the fate of the individual after death throughout Jewish history.

**296.33 Rap JVA**

Ring, Kenneth, *Life at Death: A Scientific Investigation of the Near-Death Experience*, c1980, 310 pages.

As result of research that involved more than a hundred cases of people who have come very close to death, the author presents the common features of the experience of dying, which tends to unfold in five progressive stages.

**155.937 Rin LAD**

Singh, Kathleen D., *The Grace in Dying: How We are Transformed Spiritually as We Die*, c1998, 332 pages.

Examining the end of life in the light of psychology, religion, and science, the author explores the profound psychological and spiritual transformations experienced by the dying as the natural process of death reconnects them with the source of their being.

**155.937 Sin GD**

Smith, E. Lester, *Our Last Adventure: A Commonsense Guide to Death and After*, c1985, 100 pages.

A commonsense and unsentimental account of the experiences we face after our body dies, written in plain and clear language, serving as a preparation for this important yet little known aspect of human life.

**129.4 Smi OLA**

Sutherland, Cherie, *Transformed by the Light: Life after Near-Death Experiences*, 1992, 287 pages.

An exploration into the meaning of near-death experiences; focusing in particular on the effects these have on life, how people are changed, and what significance normal life and relationships have after these experiences.

**133.9013 Sut TL**

Thondup, Tulku, *Peaceful Death, Joyful Rebirth: A Tibetan Buddhist Guidebook*, 2006, 328 p.

Including great varieties of texts, the author presents teachings that heal the pain and confusion about death and dying helping us to realize the enlightened goal of peace and joy, not only for this life but also for death and beyond.

**T294.5 Tho PDJR**

Thurman, Robert A. F., *The Tibetan Book of the Dead*, c1993, 278 pages.

Known in Tibet as *The Great Book of Natural Liberation through Understanding in the Bardo*, this book is intended to prepare the soul for the trials and transformations of the afterworld, where we can attain a state of enlightenment.

**T294.592 BT Thu**

### **Sound Recordings**

Bland, Betty, *The Near-Death Experience: A Theosophical Perspective*, AR 4785

Kübler-Ross, Elisabeth, *Is There Life after Death?*, CDA 0085

Perkins, James, *Through Death to Rebirth*, CDA 0262

Ring, Kenneth, *Near-Death Experiences: Research and Implications*, CDA 0266-2

Stevenson, Ian, *Evidence for Life after Death*, CDA 0048-2

Urban, Vonda, **What Death Really Is**, CDA 0001-2

### **Video Recordings**

Brooks, Richard W., *I'm Dead! Now What?*, DVD 0154

Burnier, Radha, *Death and Immortality*, VR 1129

Ram Dass, *Aging and Dying: A Journey into the Soul*, DVD 0184

Krishnamurti, J., *Death: Dialogue #14*, VR 0077

Kunz, Dora, *Death and Dying: A Theosophical Perspective*, VR 0018

Madoc, Philip, *What Happens When We Die*, VR 1246

Munck, Majbritt, *The Art of Dying*, VR 1190