Zen master Soeng Hyang (Barbara Rhodes) shares stories from her Zen meditation experience. She teaches that the practice of Zen meditation is not just for ourselves, but for the benefit of all beings. Regular practice gives us an anchor, a center from which we can move.
CDA 0370

201.4 Cro AW

133.9 Eby AO

At the Intersection of Inner and Outer Worlds [sound recording] / Ravi Ravindra. Wheaton, IL : Theosophical Society in America, c2008. 1 sound disc (58 min.)
It has been noted by many deep thinkers that the human being encapsulates a profound mystery. The speaker explores the mystery of the human being as a nexus between the inner and the outer worlds of reality.
CDA 0360

What is theosophy? What are the theosophists? Is theosophy a religion? "Let every man prove his own work."
T-Pam B614.08 BQT

The Buddha Nature [sound recording] / His Holiness the Dalai Lama XIV. Wheaton, IL : Theosophical Society in America, p2008?, c1981. 1 sound disc (61 min.)
In 1981, His Holiness the 14th Dalai Lama spoke at the Theosophical Society in America on the subject of compassion, tolerance, and the meaning of the Buddha nature.
CDA 0371

C181.12 YJ Zhi BIC

821.3 Don CPJD

H396 Haw D

The Doctrine of Awakening : the attainment of self-mastery according to the earliest Buddhist texts / Julius Evola ; Rochester, VT : Inner Traditions, 1995. 246 p.
B294.21 Evo DA
NEW TITLES IN THE OLCOTT LIBRARY – SEPTEMBER 2008

Essentials of the Wisdom Teaching [sound recording] / Pedro Oliveira. Wheaton, IL : Theosophical Society in America, p2008, c1995. 1 sound disc (70 min.)

The core teachings of the Wisdom Tradition are universal. Those teachings are potentially transformative, containing not only a metaphysic, but also an ethic and a philosophy of life not based on mere belief or authority, but on insights and understanding acquired by those generations of seers who have fulfilled the necessary conditions that are requisite to attaining such knowledge.
CDA 0367

641.5 McC ELC

299.16 Owe FD

398 Roh FD

Freedom not for Myself but from Myself [sound recording] / Ravi Ravindra. Wheaton, IL : Theosophical Society in America, c2008. 1 sound disc (69 min.)

How do we understand the meaning of freedom? In the West, the idea of freedom is closely linked with religion and politics. But how does the idea of freedom relate to spirituality? Not to be free of our personal desires or aversions is to be held in bondage. Sages from many different spiritual traditions say that freedom from doing what one likes or doesn't like is one of the necessary aspects of spiritual freedom.
CDA 0364


A presentation at the 117th Annual Meeting and Summer School of the Theosophical Society in America, exploring some the practical insights for living found in At the feet of the Master, the Theosophical classic written by Jiddu Krishnamurti (Aleyone).
DVD 0162

H520.3 Hou HAL


Meditation is that state in which there is no sense of separation from everything else. We are open and consciously aware in the present moment without conflict.
CDA 0362

186.4 Hyp zDzi HA
NEW TITLES IN THE OLCOTT LIBRARY – SEPTEMBER 2008

616.0473 Cha IS

150.1954 Roo IJSP

296.16 Hal IK

H181.4822 For JT

296.16 Lee KS

248.4814 Cli LDA

_Living in Harmony with All Life_ [sound recording]: a discourse on The World Peace Diet / Will Tuttle. Healdsburg, CA: Karuna Music & Art, c2005. 1 sound disc (77 min.)
   In this provocative discourse, Will Tuttle illumines the keys to inner peace and harmony by showing that the mentality required by our food choices is a powerful force in our world. He reveals how our mistreatment of animals is an unrecognized obstacle to freedom and joy, and how to transform our lives to live in harmony with all life, and contribute to creating a more peaceful world.
   CDA 0366

133.43 Kie MMA

   Recorded in 1968 at Claremont College, California. Meditation is not a way to escape from life or a means of retreating into some mystical or metaphysical refuge. Real meditation is something extraordinary, which leads to a deep understanding of life, including all its joys and beauty as well as its many sorrows and conflicts. There is a type of understanding that is not based on words or concepts, but in which understanding and action become one. In this probing and insightful talk, Krishnamurti challenges the listener to consider the deeper purpose of meditation and look at it anew with fresh eyes.
   CDA 0363

Recorded in Wheaton, IL on July 22, 2006 at the 120th Summer Olcott National Gathering of the Theosophical Society in America. The middle path, says Radha Burnier, is a path of profound peace and absolute harmony. The presentation examines the Buddhist idea of the “middle way” and its relationship to a Theosophical way of life.

DVD 0159


Professor Stephan Hoeller is interviewed by William Metzger, editor of the Quest Magazine, in a discussion about Madame H. P. Blavatsky, the key founder of the modern Theosophical movement. Are the spiritual and metaphysical ideas she presented to the late nineteenth century as relevant today as they were over 100 years ago? What were some of her unique abilities and character traits? Did these ideas originate with her or were they part of a larger alternative spiritual tradition? And why has her greatest work, The Secret Doctrine, continued to challenge and fascinate new generations of readers and students?

DVD 0158


248.22 Cox M


150.1952 Fre OCU


366.1 Aug OUMP


617.7 Mar RYE


At first glance, the mystic and the scientist would appear to have nothing in common. But with the advance of modern theoretical physics, both science and mysticism seem to be searching for fundamental unity, albeit in very different ways.

CDA 0365


296.16 Lee SDK

**Self Understanding and Inner Transformation** [sound recording] / Ravi Ravindra. Wheaton, IL : Theosophical Society in America, c2008. 1 sound disc (63 min.)

We can gather all sorts of empirical knowledge and be awarded degrees and honors in recognition of our intellectual attainments, but does any of that really change who we are? The speaker maintains that real self-knowledge is knowledge of an entirely different order, and there can be no authentic Self-knowledge
without it leading to a transformation of character, nor can there be any inner transformation without
obtaining an impartial Self-knowledge.

CDA 0361

*The Shaman Within* [sound recording] / Shirley Nicholson. Wheaton, IL : Theosophical Society in
America, p2008, c1988. 1 sound disc (54 min.)

In recent years, there has been an increased interest in shamanism by anthropologists who find that
there are some universal characteristics of the shamanic experience, regardless of the culture or geography
where such phenomena takes place. Ms. Nicholson presents a comprehensive view of Shamanic experience
taken from Eastern and Western cultures.

CDA 0372

*St. Irenaeus of Lyons against the Heresies* / translated and annotated by Dominic J. Unger, with

270 Ire SILAH

*Stickeen :* John Muir and the brave little dog / John Muir as retold by Donnell Rubay ; illustrated by

The true story of a brave dog who accompanied John Muir on an exploration of glacial areas in Alaska.

J 636.7 Mui S

*The Still Point Between Good and Evil* [sound recording] / Ed Abdill. Wheaton, IL : Theosophical
Society in America, p2008, c2000. 1 sound disc (30 min.)

Spirit and matter, good and evil, and all such opposites are shown to be polar aspects of one eternal
background reality. The speaker suggests ways of transcending this apparent duality and realizing the eternal
unitary principle.

CDA 0369


I 298.2 Wil SP

*Synchronicity* [sound recording] : gateway to opportunity / Ed Abdill. Wheaton, IL : Theosophical
Society in America, p2008, c2000. 1 sound disc (56 min.)

Karma may place us in circumstances beyond our immediate control, but the Inner Self is ever driving
us toward the realization of our own unique mission in life. A better understanding of how synchronicity fits
in with karma, dharma, and intuition can help us make wiser choices in life.

CDA 0368

Society in America, p2008, 1988. 3 videodiscs (254 min.)

In three talks given in Edmonton, Alberta, Canada, the speaker discusses the relationship of
Theosophical thought to the modern disciplines of religion, philosophy, and science. Is Theosophy one of
the three or is it, in essence, fundamental to each one?

DVD 0157

*This Light in Oneself* [sound recording] / Jiddu Krishnamurti. Wheaton, IL : Theosophical Society in
America, p2008, c1968. 1 sound disc (49 min.)
In this meditative inquiry, Krishnamurti passionately urges the listener to observe the disorder and
disarray in our daily lives without trying to find external excuses or assign outside blame for this inner state
of confusion. How can a person bring about order from this state of internal conflict with all our various
desires, ambitions, and selfish greed? The speaker affirms that in order to see things clearly, the mind must
be absolutely clear, without distortion or sense of compulsion.

CDA 0359

The Unifying Moment : the psychological philosophy of William James and Alfred North Whitehead /
190 Eis UM

The Vertical Labyrinth : individuation in Jungian psychology / Aldo Carotenuto. Toronto, Canada :
150.1954 Car VL

Wisdom, Knowledge, and Belief [sound recording] / Richard Brooks. Wheaton, IL : Theosophical
Society in America, p2008, c1998. 1 sound disc (48 min.)
According to Dr. Brooks, Theosophical epistemology states that "Truth is not the exclusive possession
of any one religion or group but is the common heritage of all serious seekers for it in all times and in all
cultures." Another basic assumption of Theosophical epistemology is that "all truth is accessible to anyone
who develops the powers to perceive it; ultimate truth is not accessible only to a chosen few, as many of the
world's theologians claim." In this stimulating talk, Dr. Brooks examines the distinctions between wisdom,
knowledge, and belief.
CDA 0358

Yoga of Light [videorecording] : meditations, mudras, and expressions of the divine feminine / with
Sharron Rose. United States : Sacred Mysteries Productions, c2004. 1 videodisc (72 min.)
Sharron Rose introduces the feminine based Yoga of Light, an ancient science and spiritual practice of
physical and spiritual revitalization.
DVD 0161

The Yoga of Truth : jnana : the ancient path of silent knowledge / Peter Marchand. Rochester, VT :
H181.45 Mar YT

c2007. 1 videodisc (90 min.)
Penetrating insights into Louise's fascinating personal story and her views on self-esteem, abundance,
and the metaphysical causes behind physical ailments.
DVD 0160