



TheosoFEST

Mind Body Spirit Festival

September 6, 2025

10AM - 5PM



**SPIRITUAL TALKS • HOLISTIC MARKETPLACE • HEALING
INTUITIVE READINGS • KIDS' ACTIVITIES • VEGETARIAN FOOD
MEDITATIONS • DRUM CIRCLE • AND MORE!**



THE THEOSOPHICAL SOCIETY IN AMERICA

1926 N Main St | Wheaton | IL **FREE AND OPEN TO THE PUBLIC!**
630.668.1571 | theosophical.org/theosofest Lawn parking \$5

THEOSOFEST 2025 SCHEDULE

	AUDITORIUM (3RD FLOOR)	NICHOLSON HALL (LOWER LEVEL)	GROUND	ACTIVITIES TENT (OUTSIDE)
10:15 AM	Opening Ceremony: Prayers from World Traditions (Auditorium)			
11:00 AM	So, What is Theosophy Anyway? with Douglas Keene MD.			Despacho Ceremony: Andean Earthkeepers' Prayer Offering with Jami Lieder
12:30 PM	A Healing Pause in Shifting Winds with Billie Topa Tate	The Role of Ayurveda in Spiritual Growth with Swati Mhaske	A Meditative Labyrinth Journey with Christopher Howard	
2:00 PM	Buddha's Teachings for Turbulent Times with John Cianciosi	The Beauty of a Therapeutic Touch Healing Practice With Marilyn Johnston-Svoboda	Awakening to the Natural World with Beth Bengtson	Easy Yoga for Balance and Wellbeing with Vivian Thorne
3:30 PM	Shaping Our Destiny: A Theosophical View of Karma with Juliana Cesano	A Journey Through Dreams, Inspiration, and Inner Vision with Dave Birr		Tai Chi for Balance and Health with Zuzana Tkacova
5:00 PM			Spirit Circle Drumming with Karen Tlusty-Rissman	

Sustain DuPage Garden Tours:

11:30 AM, 1:00 PM, 2:30 PM, 4:00 PM

View all
program
details here:



PROGRAM DESCRIPTIONS

So, What is Theosophy Anyway? with Douglas Keene, MD

Experts and newcomers alike are welcome to a brief introduction to the essential elements of the Theosophical tradition.

Despacho Ceremony: A Traditional Andean Earthkeepers' Living Prayer Offering with Jami Lieder

Experience a gratitude ritual for Mother Earth by releasing what no longer serves us, expressing thanks, and calling in new blessings. Prayers and a mandala of plants and flowers will be ceremonially offered and released to the spirit for the highest good.

Back to the Sacred Center: A Healing Pause in Shifting Winds with Billie Topa Tate

Join Billie Topa Tate for a restorative journey back to the sacred center within. Through indigenous teachings, healing practices, and guided ceremony, this program offers a pause from life's shifting winds, helping you realign with balance, peace, and spiritual strength.

The Role of Ayurveda in Spiritual Growth with Swati Mhaske

Discover how Ayurveda can support your spiritual journey. Swati Mhaske will share timeless Ayurvedic principles and practices that nurture balance, clarity, and vitality, creating a strong foundation for deeper spiritual growth.

Sustain DuPage Garden Tours:

11:30 AM, 1:00 PM, 2:30 PM, 4:00 PM

Unwind on a stroll through Sustain DuPage's lush communal garden and learn how to join their vision of growing together.

PROGRAM DESCRIPTIONS

Easy Yoga for Balance and Wellbeing with Vivian Thorne

Practice yoga postures that can be done standing or using a chair. These easy poses aid relaxation, flexibility, and strength.

Ascent to the Beyond: A Meditative Labyrinth Journey with Christopher Howard

Labyrinths have enhanced relaxation and intuition for over four millennia, helping people meditate and make healthy life choices. Discover this wonderful tool and how to walk our outdoor labyrinth at the Theosophical Society, followed by a guided group walk.

Buddha's Teachings for Turbulent Times with John Cianciosi

Explore timeless wisdom for modern challenges. John Cianciosi will draw on the teachings of the Buddha to offer practical guidance for cultivating peace, resilience, and clarity in the midst of life's uncertainties.

The Beauty of a Therapeutic Touch Healing Practice! with Marilyn Johnston-Svoboda

Therapeutic Touch® (TT) is a gentle healing modality that brings balance, peace, and wellbeing to those who are ill, dying, or stressed. Learn a simple way of administering TT to provide comfort and reduce anxiety and pain for yourself and loved ones.

Awakening to the Natural World: Sense-Opening Exercises with Beth Bengtson

Certified Forest Therapy Guide Beth Bengtson will teach methods to renew and deepen your connection with the natural world and share tips on how to weave these practices into daily life.

PROGRAM DESCRIPTIONS

Shaping Our Destiny: A Theosophical View of Karma with Juliana Cesano

Explore the Theosophical understanding of karma as a guiding force in our lives. With Juliana Cesano, learn how our choices and actions shape our destiny and how a deeper awareness of karma can lead to greater freedom, wisdom, and spiritual growth.

Awakening to Soul Awareness: A Journey Through Dreams, Inspiration, and Inner Vision with Dave Birr

Discover the pathways to deeper self-awareness through dreams, inspiration, and inner vision. With Dave Birr as your guide, explore practical ways to awaken to the wisdom of the soul, strengthen your spiritual connection, and align more fully with your higher purpose.

Tai Chi for Balance and Health with Zuzana Tkacova

Achieve stillness and clarity, improve your physical and mental state, and experience peace rarely felt in other forms of exercise.

Spirit Circle Drumming with Karen Tlusty-Rissman

Celebrate your spirit through music and movement that blends ancient traditions! While some instruments will be available, please bring drums, rattles, or other rhythm instruments you have.

VENDORS

ZONE

F	A naturalist Emporium
A	A Tree and A Prairie
F	Academy of European Arts and Culture
C	Angel Talk
F	Angels Aura Healing Jewelry
G	Aquarian Star LLC
F	Art Girl Pottery
D	Astro Obscura
E	Aura Holistic & Metaphysical Wellness Center
G	Beaded Tangents
C	Chiro One
G	Crafting Trio
D	Crystalightenment
E	Custom Tank Drum
E	De La Luna Boutique
H	Divine hugs
I	Eckankar - Illinois Satsang Society
H	Edu-Tainment Productions
B	Emmy's Crystals & Gifts LLC
H	Eseniaah Soap
H	Evolved Crystals & Gems
B	Flower and Gem Aromatherapy
C	Future Echo
E	Gorski Wellness
I	Grateful To Be Here
D	Hands With Heart Therapeutic Massage
D	Harmonic Egg Naperville
B	Harmony of Spirit, Inc.
G	Healing SOULutions
D	Heartfelt Living

VENDORS

ZONE

E	HeartSpace Images
B	Himalayan Samarpan Meditation USA
E	House of 7 Goddesses
D	Humanitarian Service Project
I	Infinite Illuminations
D	Intuitive Feminine
C	It's a Crystal Vibe
F	Joann Lysiak Gems
B	Joanne Macko, High Vibrational Art
H	Joy Lucinda
E	Joyce's Jewels
C	KarmaCords LLC
G	Krishna West Chicago
H	L'oro
I	LetItBeReiki.com
H	Living Life Lighter LLC
D	Lotus Grooves
E	Lucille's Handmade Designs
E	Magmahal
H	Margot Velvet: Purveyor of Fine Witchery
F	McKee House Preservation Group
E	Modern Mystics Resource Center, LLC
H	Moonlight Smudge
D	Muse of Trà

Additional vendors are located throughout the marketplace, so be sure to walk through to see them all!

And don't forget to swing by the food tents for mouthwatering vegetarian options, including Kimmer's Ice Cream!

the THEOSOPHICAL SOCIETY

in America

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email: info@theosophical.org

www.theosophical.org

E GENEVA ROAD

N MAIN ST

W COLE AVE

Vendor Zones:

A	B
C	D
E	F
G	H
I	

1. Main building, restrooms

Lower Level:
Nicholson Hall

Main Level:
Library, information

2nd floor:
Meditation Room

3rd floor:
Auditorium

2. Quest Book Shop, Restrooms

3. Food Vendors

4. Kids' Korner

5. Activity Tent

6. Guest Parking

7. Peace Garden

8. Labyrinth

9. Stone Circle and Fire Pit

10. Vendor Parking

11. Mother Mary Garden

12. Buddha Garden

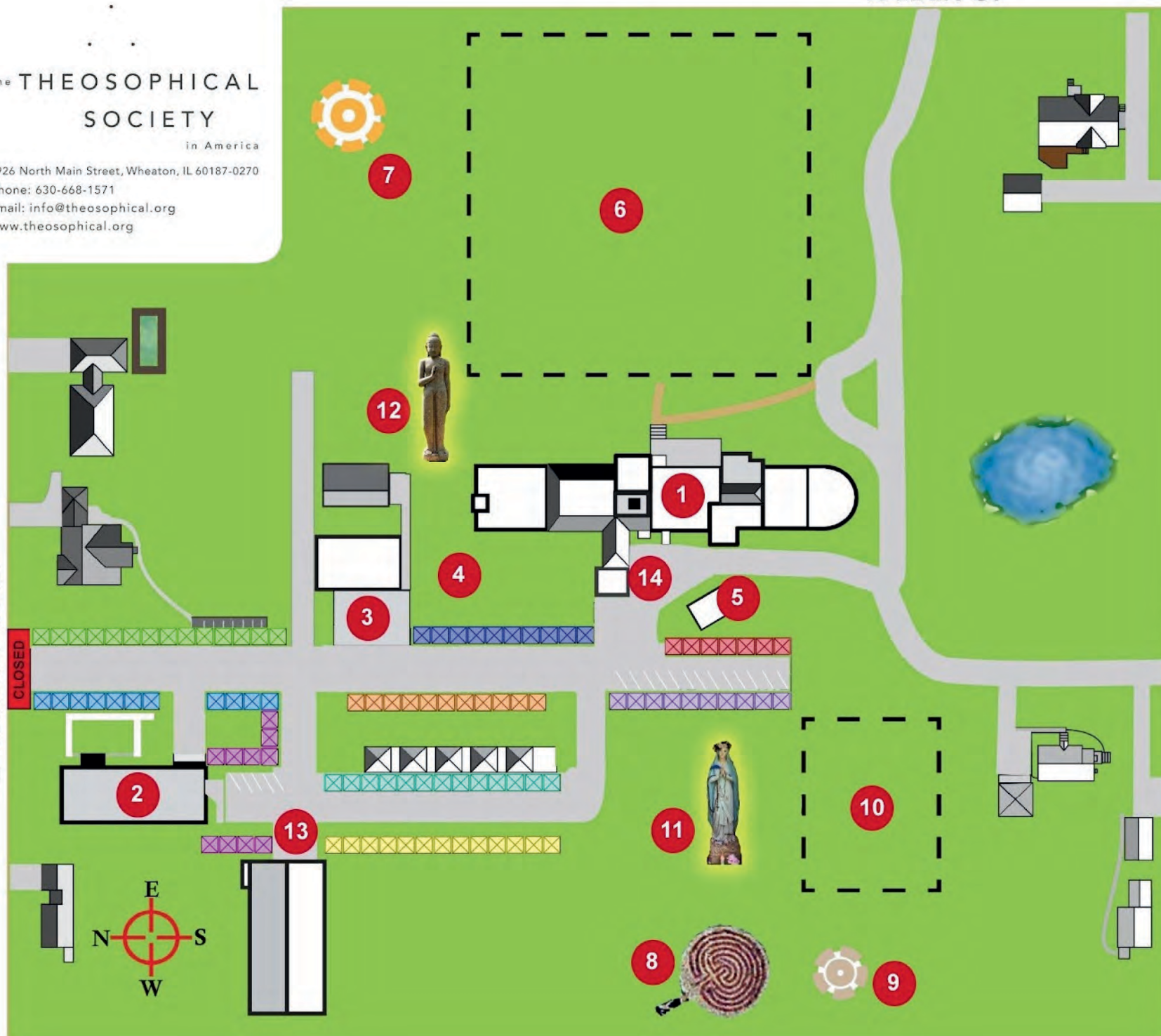
13. Outdoor Restrooms

14. Festival Information


TheosoFEST
Mind Body Spirit Festival

Wheaton, IL

theosophical.org



VENDORS

ZONE

A	My Divine Oracle
B	Mystical Moonlight Market
D	N'tuitive Wellness Solutions
B	NatUrally Divine
H	Natures Miracle Silver Lining
E	OakMoon
F	Path to Wellness Center
E	Pawsitive Spirit
E	Phat Cakes
C	Prairie School of DuPage
G	Quantum Living Light
H	RA Moonhawk Wands & Magickal Wares
F	Rebel Rose Magic
B	Recovery International
A	Righteous Resins
G	RoseAngel Guidance
H	Sacred Healing Oak Creations LLC
C	Sacred space animal sanctuary and rescue
F	Sandy Passmore
C	Scared space animal sanctuary and rescue
H	School of Metaphysics
A	Serena Guerra
A	Share International USA
I	Shorestone LLC
D	Simple soaps by J and E
D	Something Wild Spa
H	Soul Essence LLC/ Ultreya healing and Wellness
E	Spirit guided readings
F	Summit Lighthouse Chicago
F	Sustain DuPage

VENDORS

ZONE

C	Tendaji Body Oils
B	The Bahia Faith
D	The Crystal Tiger, LLC
G	The Dragon's Hoard
G	The Enlightened Goddess
G	The Gathering Lighthouse
I	The Heart Of A Goddess
I	The House of Loving Energy LLC dba The Agape House
F	The Journeys Path
H	The Lightheart Center
F	The Souls Leadership
I	This Girls Story
I	TPS Wellness
A	Trilogy Holistic Wellness
C	Unity in Naperville
G	Urban Apothecary
C	Vergo Inc
H	Viride wellness spa Inc.
I	Well Intentions Energy
C	Whispers of Love
C	Witchy Wares
G	With Love Products
A	Woolcraft
E	Yoga Habitat / Yogveda
C	Your Everyday Witch

Vendor Zones:

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in America

Encouraging open-minded inquiry
Respecting the unity of all life
Exploring spiritual self-transformation

Programs

for mind, body, and spirit

Buddhism
Christianity
Healing
Hinduism
Interfaith
Meditation
Mysticism
Native Wisdom
Philosophy
Tai Chi/Qigong
Taoism
Theosophy
Yoga



scan with the QR code
reader on your phone

www.theosophical.org/programs

Register today for a very special event
with *New York Times* best-selling author
and internationally renowned speaker



Caroline Myss!



**Special Event with Caroline Myss:
The Power of Soul-Centered Healing**

Saturday, September 13, 1 – 4 p.m.

Caroline Myss is a five-time *New York Times* best-selling author and internationally renowned speaker in the fields of human consciousness, spirituality and mysticism, health, energy medicine, and the science of medical intuition. She is best known for her pioneering work in energy anatomy and medical intuition and contemporizing classical mystical teachings, as described in her best-selling book *Anatomy of the Spirit*.

Join Caroline in person or online for a lecture, Q&A, and book signing. Learn more and register at www.theosophical.org/myss.

Kids' Korner



Craft Tent (North Tent)

Join us all day for crafts, bubbles, music and more!

Children must be accompanied by adult at all times.

the THEOSOPHICAL
SOCIETY
In America

OUR MISSION:
to encourage
open-minded inquiry
into world religions,
philosophy, science,
and the arts in order to
understand the wisdom of the ages,
respect the **unity of all life**,
and help people explore
spiritual self-transformation.



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