

# The Lighted Lamp

~ *Rules Supporting the Soul's Creative Process* ~

From *A Treatise on White Magic* (By: Alice Bailey)

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## *Rule 1*

*The Solar Angel collects himself, scatters not his force,  
but, in meditation deep, communicates with his reflection.*

The soul (solar angel) is always in a state of meditation. At rhythmic intervals, it will intentionally assert its purpose, vision, and divine idea into the waiting mind. This is the first step in the magical work. This rule, therefore, involves the efforts of the soul as it prepares to impress the mind of the personality (reflection).

## *Rule 2*

*When the shadow hath responded, in meditation deep the work proceedeth.  
The lower light is thrown upward; the greater light illuminates the three,  
and the work of the four proceedeth.*

In order for magic to occur, the personality needs to be in a condition of readiness to properly receive the enlightened vision of the soul. An alignment between the soul and personality is therefore essential. When such alignment is achieved, the mind, emotions and physical body will yield to the will of the soul. By so doing, these three vehicles of the personality are then ready to receive the soul's divine impression.

## *Rule 3*

*The Energy circulates. The point of light, the product of the labours of the four, waxeth and groweth. The  
myriads gather round its glowing warmth until its light recedes. Its fire grows dim. Then shall the second  
sound go forth.*

When the soul and personality are in proper alignment, an idea begins to emerge within one's consciousness. The beginning of the creative process is to convert a formless truth (as impulsed by the soul) into a realized idea registered within the mind. This rule speaks of this conversion process. It also addresses the fact that a thought represents a myriad of minute lives (elementals). As such, a thoughtform is teeming with life.

## *Rule 4*

*Sound, light, vibration, and the form blend and merge, and thus the work is one. It proceedeth under the law,  
and naught can hinder now the work from going forward. The man breathes deeply. He concentrates his  
forces, and drives the thought-form from him.*

In this rule, the creative power of sound is brought forth. Sound is essentially what the soul transmits. The quality and vibrational nature of this sound will define the character of the thoughtform that will emerge within the mind.

When such a thoughtform is sounded into form (by the soul), it brings the light of divine understanding to one's consciousness.

**Rule 5**

***Three things engage the Solar Angel before the sheath created passes downward; the condition of the waters, the safety of the one who thus creates, and steady contemplation. Thus are the heart, the throat, and eye, allied for triple service.***

When building thoughts in accordance with the soul's will, there is a need for exercising caution in the process. Soul-inspired ideas are magnetically attractive. Because of this, the magician can become dangerously attached to his/her created thoughtform. As such, mental obsession is one of the three menaces that this rule addresses. The heart chakra, throat chakra, and third eye are also presented, and are understood as the major centres of magical work.

**Rule 6**

***The devas of the lower four feel the force when the eye opens; they are driven forth and lose their master.***

This deeply esoteric rule relates to the power of the third eye to force the thoughtform (as created within the magician's mind) to yield to the authority and direction of the soul. Thoughts are living things, and when not obedient to the soul's original purpose they can be easily misapplied by the personality. On the other hand, when the soul controls the process, the form created will be used for the betterment of others.

**Rule 7**

***The dual forces on the plane whereon the vital power must be sought are seen; the two paths face the solar Angel; the poles vibrate. A choice confronts the one who meditates.***

This is the first rule related to the descent of a thoughtform into the emotional field of consciousness. The challenge of this step is to add to the thoughtform an emotional layer that will make the idea more attractive and powerful. Much of this has to do with the dual nature of emotion, and the need to remain detached from feeling states. When properly done, the emotion added gives a lofty and inspirational vibration to the thoughtform created.

**Rule 8**

***The Agnisuryans respond to the sound. The waters ebb and flow. Let the magician guard himself from drowning at the point where land and water meet. The midway spot, which is neither dry nor wet, must provide the standing place whereon his feet are set. When water, land and air meet, there is the place for magic to be wrought.***

This rule deals with the magician's need to become sensitive to his/her emotional rhythms. All emotions are dual, in that every emotion has an opposite emotion present within consciousness. The magical process is largely based on the magician's ability to walk the middle path between these opposites. Also important is the need to re-establish a relationship with the soul's intuitive capacity (air) as the magician adds emotion (water) to an idea prior to giving it tangible expression (land).

**Rule 9**

***Condensation next ensues. The fire and waters meet, the form swells and grows.  
Let the magician set his form upon the proper path.***

There is great danger that, through the introduction of emotion, the magician may inadvertently step upon the left-hand path, the path of selfish magic. Emotion is an important ingredient in the soul's magical work. Yet, because emotion is largely conditioned by desire, there is a tendency for the magician to become more self-referencing at this point. Herein lies the source of black magic.

**Rule 10**

***As the waters bathe the form created, they are absorbed and used. The form increases in its strength; let the magician thus continue until the work suffices. Let the outer builders cease their labors then, and let the inner workers enter on their cycle.***

While the magician adds emotional coloring to a soul-inspired thoughtform, it is important that s/he know how much to give it. An emotional sheath is a crucial feature needed in the externalization of a thoughtform, for it ensures that the idea will be attractive to others. It also builds conviction into the descending thoughtform. However, too much emotion will distort the thoughtform, while too little prevents it from having the vitality needed to push it outward into physical expression.

**Rule 11**

***Three things the worker with the law must now accomplish. First, ascertain the formula which will confine the lives within the ensphering wall; next, pronounce the words which will tell them what to do and where to carry that which has been made; and finally, utter forth the mystic phrase which will save him from their work.***

This rule stresses the notion that the magician must learn to detach him/herself from the emotionally conditioned thoughtform thus far created. When emotion is added to the soul-inspired thoughtform, there is a tendency for the magician's personality to overly identify with it. This rule speaks of the mystic words and phrases, conveyed by the soul itself, that ensure that the magician remains detached from that which has been created.

**Rule 12**

***The web pulsates. It contracts and expands. Let the magician seize the midway point and thus release those "prisoners of the planet" whose note is right and justly tuned to that which must be made.***

This is the first rule pertaining to the descent of an emotionally conditioned thoughtform into the etheric-physical plane. The magician must learn to sense the ebb and flow of the etheric web within his/her own etheric body, as well within the web evident in the environment. The key is to recognize the interludes within these two etheric webs. It is during these interludes (midway points) that the thoughtform must be asserted outwardly.

**Rule 13**

***The magician must recognize the four; note in his work the shade of violet they evidence,***

***and thus construct the shadow. When this is so, the shadow clothes itself,  
and the four become the seven.***

This enigmatic rule speaks about the etheric energy that needs to be added to the descending thoughtform. When the etheric sheath is properly built, the tangible expression of the idea will inevitably be manifested into the outer world. This rule encourages the magician to add to the near-externalized thoughtform a dose of etheric vitality. This is done through the deliberate use of his/her own chakra system.

***Rule 14***

***The sound swells out. The hour of danger to the soul courageous draweth near.  
The waters have not hurt the white creator and naught could drown nor drench him. Danger from fire and  
flame menaces now, and dimly yet the rising smoke is seen. Let him again, after the cycle of peace, call on  
the solar Angel.***

This rule relates to a very dangerous aspect of the magical process. It speaks of the "fires" of resistance ready to emerge when a soul-inspired thoughtform is expressed into the outer world. These "ancient fires" represent old thoughtforms and beliefs long cherished by those the magician is seeking to uplift. Often they will rise in defiance of the magician's new ideas. The challenge is for the magician to be ready to transform these ancient fires.

***Rule 15***

***The fires approach the shadow, yet burn it not. The fire sheath is completed. Let the magician chant the  
words that blend the fire and water.***

This rule has to do with the supplication of the ancient fires. These fires must yield to the superior thoughtform that the magician has strategically build and expressed. The older forms are no longer resistant. Rather, they are transformed by the higher truth that the magician has constructed. The final feature of this rule requires that the magician know how to connect the thoughtform with the energy of the One Life that has cosmically given birth to all things.